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To walk this Northern part of Saltash's Boundary, and visit six Boundary Stones:

<u>EITHER</u> walk from Saltash Town Centre along Callington Road to the Carkeel Barns Bus stop *an additional distance of 2.75 km (1.7 miles)*.

OR catch a bus to the Carkeel Barns Bus stop.

'First Bus' 76 service from the Fore Street Co-op Bus stop at 52 minutes past the hour till 16:52 on weekdays (no Sunday service) or Western Greyhound 576 service from North Road Bus stop at 8 minutes past the hour till 15:08 then 16:23, 17:23 & 18:08 weekdays. Sundays 10:35, 14:35 & 17:35 from Fore Street Co-op Bus stop.

From the Carkeel Barns Bus stop walk the short distance past the 30mph signs to Southdown Cottage. When safe to do so cross the road to the red Royal Mail Post Box. *Note what remains of what must have been the social centre of a more tranquil Carkeel, the Parish Pump.* Then go along the unclassified minor road, passing Thornbank Cottage, towards Botus Fleming.

At the road junction fork left, following the road downhill past Windermere, Clear View and East View. At the next road junction fork right towards Moditonham and Botus Fleming and pass East Town Farm. As you descend the hill look right for glimpses of Moditonham House. A mansion has stood here since the 14th Century and has a rich history, the present building dates largely from around 1760. At around the same time the area around the creek (Clark's Lake) which formerly flowed up to the bridge with the boundary marker which you will soon reach was drained giving the rich meadowland you see today. At the bottom of the hill, on the bridge over the stream there's a Saltash Borough (SB) Boundary Stone. The stream is the boundary: you are now leaving Saltash and entering Botus Fleming CP.

At the 'T' junction ahead turn left towards Botus Fleming, (or right to visit Moditonham Quay which is just outside Saltash's boundary). From the 'T' junction go past the Old Chapel. Then at the road junction just after Sunnyside go downhill to see a SB Boundary Stone at the stream at the bottom of the hill: returning back up the road and turning left to pass Bidwell Cottage. Just past Bidwell Cottage there's a path going left to the Churchyard.

EITHER take that path noting the figure in the well, the village stocks in the Church porch, the Church is worth a visit, and the coffin rest at the Churchyard entrance and go uphill to the 'main' road.

 \underline{OR} continue along the road past the Rising Sun Inn which is also well worth a visit.

After passing the Rising Sun Inn, the Church, the Botus Fleming Animal Pound: continuing straight on at the cross roads past Clays End Cottage.

At Suncroft follow the Public Footpath alongside the hedge to a footbridge, a stile, another stile and onto the A388 road just north of The Cardinals Hatt. Turn left and pass The Cardinals Hatt. Just to the left of the Saltash Twinning Sign there is a Boundary Stone *with Saltash Seals and inscription*. Continue past the Twinning Sign. You are now leaving Botus Fleming CP and going into Saltash. *The concrete pillars in the left verge are WWII Tank Traps*.

Taking care, cross over the busy A388 road when it's safe to do so.

At the road junction take the Public Footpath to the right, over a stile into a field. Continue across the field, past a Landfill Office and over the Landfill

site driveway heading across the field towards a couple of trees, passing them to your right. Go through the gateway ahead and follow the hedge to your right to a Field gate and onto the road opposite another Public Footpath. But, turn right and go along the road.

Just before the road turns sharp left there is a field-gate to the right leading onto a Public Bridleway, the signpost is often hidden in the hedge, go downhill across the field to a Field gate in the far left-hand corner and onto the road. Just to the right, in the hedge over the stream, there is a Boundary Stone.

From the end of the Public Bridleway turn left: go along the road passing the Notter Mill Country Park and the Notter Bridge Inn. Just past the Inn on the Old Notter Bridge there is a Boundary Stone in the bridge wall. From the Notter Bridge Inn go up the road to the A38(T). To the right, near a Bus stop, is the sixth and last Saltash Borough Boundary Stone. (Since Local Government 'reorganisation' on 1^{st} April 1999 the now Saltash Town Boundary has been the Lynher River just to the West of this old Saltash Borough Boundary Stone.)

This Bus stop is served by Western Greyhound Bus inbound to Saltash service 572 just after 1000, 1100, 1230, 1430, 1630 1700 weekdays (no Sunday Service) or the 592 just after 42 minutes past every hour from 0842 till 1842 on weekdays and 42 minutes past every even hour from 0842 till 1642 on Sundays.

OR (for a further 3.2km (2 mile) walk) go along the busy A38(T) Liskeard Road towards Saltash and use the Public Footpath (green dots on the map) that goes through Marsh Woods, over footbridges, along field edges, to a junction with a Public Bridleway (green dashes on map). Go along that Public Bridleway through fields and across a footbridge and more fields and a track to a Lane (larger green dots on map) that will take you back to Carkeel.

Ordnance Survey Explorer 108: Lower Tamar Valley & Plymouth, Tavistock & Callington map; covers all Saltash at a scale of 1:25000 (4 cm to 1 km - 2½ inches to 1 mile).

This walk was correct on 8th January 2011. Any comments or constructive criticism and corrections should be emailed to <u>admin@saltash.gov.uk</u> or passed into reception at Saltash Guildhall.



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Saltash Walk 4. 'A part of 'Beating Saltash's Bounds'

Length of route: 6 km (3.8 miles) – a further 1.95 km (1.2 miles) if the walk to Moditonham Quay is included - a further 3.2km (2 miles) if walking back to Carkeel from Notter Bridge; and 2.75 km (1.7 miles), each way, if walking between Saltash Town Centre and Carkeel. Details: This walk follows the Northern section of Saltash Boundary via Carkeel, (Moditonham Quay) and Botus Fleming to Notter Bridge. Saltash is bounded to the East by the River Tamar, the South and West by the St. Germans or Lynher River and the North by two small streams. One stream, Cock's Lake, flows west into the Lynher, the other, Clark's Lake, flows east into Kingsmill Lake and the River Tamar. The only part of Saltash Boundary that's neither river nor stream is the short distance between the two streams, crossed by the A388 road near The Cardinals Hatt. The Cardinals Hatt is just outside Saltash's Boundary. Therefore most of 'Beating the Saltash Boundary' has to be by boat. The Lynher River to Notter Bridge and the Kingsmill Lake to Moditonham Quay can only be navigated by small boat when there's a higher than normal high tide. Because the two streams are neither deep nor wide enough for use by boat: the northern part of 'Beating the Bounds' has to be done on foot.

Please follow the Countryside Code

- Be safe, plan ahead and follow any signs
- Leave gates and property as you find them
- Protect plants and animals and take your litter home
- Keep dogs under close control
- Consider other people

Walkers should take due care when following this walk and do so at their own risk. No liability is accepted by Saltash Town Council.