TOWN MESSENGER

MAYOR'S SPOTLIGHT ON...

Dementia Awareness



Since attending a Saltash dementia awareness event at the Guildhall last July. I have closely followed developments in the formation of an alliance -Dementia Voice PL12 – set up by dedicated individuals and organisations to reduce the stigma around dementia and promote awareness and understanding in and around Saltash of those living with or caring for someone with the condition.

It was my great pleasure to take part in the first Dementia Awareness Business Breakfast on 23 February at Saltash Social Club. Organised by Dementia Voice PL12, this event was an excellent opportunity for businesses of all sizes to find out how they can be part of an evolving plan to make Saltash a place where people living with dementia can feel safe and valued.

Dementia affects 850,000 people in the UK (40,000 are under 50) and so it is in everyone's interests to become more aware



Representatives from many Saltash businesses turned out to support the event



Ken Emmet, who lives with dementia, gave a speech about his experiences



The Mayor ClIr Bill Phillips with members of Dementia Voice PL12 Shirley Mewton (far left) from the Alzheimer's Society and Rose Edwards (far right) from Community Enterprises PL12 along with Liskeard Councillor and business owner Jane Pascoe

about how we can be a dementia-friendly town.

Specific ways that people can help are by learning to recognise the signs and symptoms of someone with dementia, and to show sensitivity and patience... The Alzheimer's Society is offering free training courses, and at the Town Council we are organising a date for staff and councillors to take that training. Your business or organisation could also benefit – contact Dementia Voice PL12. Simple things like having a card to help people living with dementia decipher coins can help many people in our community live independently and happily for as long as possible – feeling understood and valued in our town.

So my message to Saltash people and businesses is to keep an eye out for ways that you can support this important initiative – look out for updates from Dementia Voice PL12 and please show your support in any way you can.

You can find out more about how to get involved with Dementia Voice PL12 by emailing info@dementiapl12.uk or calling (01752) 848348.

News from Saltash Town Council Konsel an dre Essa

Councillor Focus

Your chance to find out more about the dedicated volunteers who represent our interests in the town. This month we talk to two councillors in the West Ward.

JEAN DENT

What has been your proudest moment as a Saltash Councillor?

When I was elected Mayor in May 2014. Being able to represent your town across Cornwall is incredibly exciting. I met so many wonderful people from our town throughout the year, young and older, on land and on the river (at least watching!)

Which council projects are you currently most

involved with? At the moment I am very busy with the Devolution Options Group working with other councillors to find out what the Town Council can take over from Cornwall Council. There are several important services and buildings that we might be able to run better from within our town.

What do you love about Saltash? Saltash is a great place to live. The people are so friendly, it makes standing on Fore St for a 'Meet Your Councillors' session in the wind and driving rain (as the last one was) a pleasure. We have good shops, good leisure facilities, good restaurants and pubs, what more could you ask? We were sitting in Ashtorre Rock centre one morning earlier in the week drinking coffee and looking out over the river. The sun was shining and reflecting on the river. There could be no better place in the world to be!

BOB AUSTIN

What's great about Saltash?



I love Saltash - it has many assets compared with other communities in the area – like our town centre and Saltash Waterfront, making it one of the most vibrant places in Cornwall. The geographical situation means we have Cornwall and all it offers to the west, Dartmoor and all its beauty to the east and Plymouth as a city of culture and diversity just four miles away - what else could anyone wish for? We are an expanding town with all the exciting opportunities that gives us. We have over 145 organisations within the town, which means socially we are lucky to be able to become involved with a wide range of town activities.

Can you tell us about your link with Churchtown Reserve? Churchtown Farm Community Nature Reserve is a special place in our town, and I am honoured to Chair the Friends group that helps look after the reserve together with Cornwall Wildlife Trust. Over 200 people per day visit the reserve, and with all the glorious views it encompasses, it is an asset that we must all look after and cherish as a public space.



What's the story on social media?

This post is quite rightly shocking a lot of people on Facebook: "This photograph is of the recent vandalism at Belle Vue Road toilets. It has been reported to Cornwall Council who, at present, have responsibility for them." Strong reaction to the post includes comments about the stupidity and thoughtlessness of people who carry out such anti-social acts. Join in the conversation on the Saltash Council Facebook page and @SaltashTC on Twitter.

TOWN MESSENGER

Clean for the Queen

About 2.25 million pieces of litter are dropped on the streets of the UK every day. Thirty million tons of rubbish are collected from our streets each year – that's enough to fill Wembley Stadium four times over. Clean for The Queen is a nationwide campaign to clean up Britain in time for the 90th birthday of Her Majesty The Queen. Groups around the country will be

joining forces 6th March biggest ever



on 4th, 5th and for the country's community clear

up. Saltash Town Council and Saltash Environmental Action are organising a Community Litter Pick, meeting at the statue of Brunel on the Waterside at 10am on Saturday 5th March, finishing with a tea party in the town centre. Join in and help make Saltash sparkle! And don't forget that Saltash Town Council has litter picking equipment and a stock of special edition Clean for the Queen litter bags if you want to clean up a corner near where you live.

Do you have a grumble about a Grot Spot? If the litter is piling up then report the mess by sending an email to refuseandrecycling@ cornwall.gov.uk or by calling 0300 1234 141.

SWING TIME

There is still time to get a ticket for the MAYOR's CHARITY EVENT at Saltash Social Club on the 12th of March! It will



be a fun night featuring The Sultans, who are a local Swing band with a great singer. There will be a buffet and prize raffle, and all proceeds will got to the Mayor's nominated charity,



which is the Little Harbour Children's Hospice South West.

7.30-11.30pm. Dress code: smart/casual. Tickets: £15 (including buffet supper) from the Saltash Guildhall or through ClIr Bill Phillips on 07533 358322

Saltash Town Council's Stage Trailer is available to hire for organisations and businesses in South East Cornwall. The mobile trailer is ideal for exhibitions and presentations at outdoor events. Hire prices are highly affordable and big discounts are available for non-profit organisations and local community groups. If you might be interested, booking forms can be obtained from The Guildhall, 12 Lower Fore Street, Saltash or by e-mailing enquiries@saltash. gov.uk.

Your Town Council

Saltash North John Brady t.07792 941743 Joe Ellison*

t.849340

Bill Phillips t.518176

Lee Russell Adam Kille t.07966 089366 t.848691

Saltash South Matt Coot t.847542 Hilary Frank* t.845114 Sue Hooper MBE t.843073 Adam Killeva Saltash East Richard Bickford t.841119 Derek Holley* t.845418 Julie Rance

t.07525 932022 James Shepherd t.847144 Saltash West Bob Austin* t.844666 Gloria Challen t.840620 Jean Dent t.303008 David Yates

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> * also Cornwall Councillor

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