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A signposted Public Footpath starts at rear of Latchbrook Cottages. Go up steps to a stile. (look out for Yellow arrow Public Footpath Waymarks). Continue uphill across the field, past a tumbledown shed, to another stile, then keep to right hand edge of the field to another stile, then go diagonally across the next field to a stile in the field's far left hand corner, from that stile go straight on to a gate leading into a 'sunken' lane. Go downhill along the lane to a junction with another Public Footpath

Turn right and follow that Public Footpath to a redundant (Manor Farm) farmyard whose buildings are being converted to residential and holiday use, go through the farmyard out onto the tarmac road.

Just ahead is the ancient Trematon Animal Pound. The Pound has a plaque outlining its place in rural history. Here in ancient times stray animals were kept until redeemed by their owners – or until the owner paid any taxes due.

From Trematon Animal Pound follow the road (Broad Lane) west to the crossroad (noting the well, Trematon's water supply until the 1950's) then turn left towards Longlands. Just past Trematon Hall at Penvintle Farm turn left through the white farmyard gate. The not signposted Public Footpath goes through Penvintle Farmyard: continue straight on through farm and field gates (following yellow waymark arrows) to a stile that leads to steps down towards **a boardwalk across a deep pond / swamp. Proceed with care as this slippery boardwalk is often hidden under vegetation.** From the boardwalk go uphill back to the junction of the two Public Footpaths.

Turn right and continue to stile into a field, then another stile into a 'sunken lane'. Continue to a footbridge over a stream. Then through a wooden field gate in front of you: turn left and keeping to the left hand edge of the fields go straight on over stiles through field gates to a stile leading on to the Trematon Longlands road. You are now at Winstone Beacon, near 'Reservoirs' shown on the map, the highest point in Saltash, with fine views back towards the moors.

Go along the road for 370 metres towards Longlands. Then as you enter the small hamlet of Longlands there is a Field gate to the left with a signposted Public Footpath. Go through the Field gate and go straight across the field towards another gateway but go to the left of that gateway to a stone stile in the corner of the field. Keeping to the right hand edge of the fields continue on over more stiles then cross a

field to a Field-gate leading out onto Wadgeworthy Farm Lane which is a Public Bridleway.

Then:

EITHER turn left and follow the blue arrow 'waymarked' Public Bridleway in front of Wadgewoathy Farmhouse through a gate at the end of the lane and into a field. Go uphill to that field's upper hedge, then turn right and keeping the hedge to your immediate left continue to a Field-gate onto a track that leads downhill to a stream (Latchbrook Leat). Continue along what is likely to be a very muddy way just to the left of the stream to a Field-gate. Then 'ford' the stream and continue along a lane to the front of Latchbrook Cottages.

OR cross the Bridleway, go over the stile and follow the yellow arrowed 'waymarked' Public Footpath down a very steep hill across the field to the stream (Latchbrook Leat). Go over a stile and footbridge, then uphill to the tarmac track. Turn left and keeping the stream to your left follow the tarmac and gravel Public Footpath back to the front of Latchbrook Cottages.

Explorer 108: Lower Tamar Valley & Plymouth, Tavistock & Callington map shows Saltash at a scale of 1:25000 (4 cm to 1 km – 2½ inches to 1 mile).

This leaflet was correct in January 2011. Any constructive criticism and corrections should be emailed to admin@saltash.gov.uk or passed into reception at Saltash Guildhall.



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Saltash Walk One 'Latchbrook, Longlands & Lane'

Length of route: 4.6 km (2.58 miles)

Details:

Circular walk from Latchbrook Cottages, mainly over fields, via the restored ancient Trematon Animal Pound, then past Trematon Hall, through Penvintle Farmyard, to Longlands, then Wadgeworthy farm and return to Latchbrook Cottages.

Please follow the Countryside Code

- Be safe, plan ahead and follow any signs
- Leave gates and property as you find them
- Protect plants and animals and take your litter home
- Keep dogs under close control
- Consider other people

Walkers should take due care when following this walk and do so at their own risk. No liability is accepted by Saltash Town Council.

