

Age UK Report

The lunches at The Burraton Community Centre continue on Thursdays, this is not only for the food, but also for companionship. The ladies and gentlemen are fetched by minibus, fed and watered, there is often some entertainment and then they are returned home. This may well be one of the few opportunities for interaction that some elderly people may have. This must support physical and mental health. On Tuesdays you can go and do, or watch, sequence dancing, and finally there is a monthly social club.

The Council are kept in touch with invitations to the Mayor throughout the year e.g. harvest festival and Christmas lunch.

The numbers went down earlier in the year, but there is now a short waiting list. The mini-bus, with its volunteer driver, is often seen around Saltash ferrying ladies and gentlemen to activities or for day trips.

There is a core of dedicated volunteers who keep this club going so successfully, but they are always looking for others to help.

Councillor Jean Dent