## Livewire Youth Project annual report for Saltash Town Council

This past year has been an incredibly busy and challenging year for Livewire, with some massive additions to their work, namely the Heart n' Soul Mental health and well being projects, which now includes a team of counsellors working alongside Livewire's mental health lead. This project really hit the ground running and Livewire met the projected aims for young people worked with over a two year period within the first few months of running the project.

They also started running a closed access session on Tuesday evenings as part of their wellbeing programme which offers a number of young people with anxiety issues or low self esteem the opportunity to get involved at a level they feel comfortable with. This group has already served as a launch pad for some young people into open access provision.

Livewire have also been running afterschool sessions since September 2018 for primary school children with their parents. These sessions have been run by a youth worker supported by the mental health lead a psychology student and a play therapist.

The partnership work with Saltash.net continued throughout the year which has included support at the school for their triage covering 3 sessions a week, enrichment week whereby 17 students took part in enrichment week activities and 10 students doing work experience, and students unable to attend school for a number of reasons have been educated at Livewire on reduced timetables, supporting them in remaining educationally active. Saltash.net have also sent students to Livewire to access the counselling service.

Last summer Livewire ran stages at Port Eliot and Boardmasters festivals giving local young people the opportunity to learn skills as crew members, stage managers and sound engineers outside of Livewire as well as giving young people the opportunity to perform live on stage.

Other events Livewire have been involved in over the year included: Saltash Regatta Mission youth event Various events at Plymouth Pavilions And three Freshers fairs at local colleges.

All of the above is in addition to the one to one and group work support carried out by Livewire's dedicated team of highly qualified youth workers.

Funding from Saltash Town Council and various streams of funding from elsewhere has helped the team continue to support targeted and vulnerable local young people ensuring this crucial service has continued.

Councillor Mark Fox