



## **Report on the delivery of youth work December 2018 to March 2019**

### **Provision**

Between December 2018 and March 2019 Livewire ran open access sessions on Monday and Thursday evenings for 13 to 21 year olds and on Wednesday evenings for school year six to school year 8, in addition to this Livewire also ran an open access job club on Wednesday mornings for 17 to 19 year olds not in education, employment or training. Livewire also now runs a closed access session on Tuesday evenings for 13 to 21 year olds as part of the wellbeing project which is to support young people with anxiety issues, low self esteem and/or low level ill mental health, with youth work staff, musicians and counsellors.

### **Statistics**

Number of open access evening youth work sessions during this period: 58: December 9, January 12, February 11 and March 12 plus 14 job club sessions. During the open access sessions 243 individual young people have engaged and 186 of them have received additional, individual or group support. Of the 186 young people there is a measurable distance travelled for over half of them so far.

### **Provision continued**

Livewire also now runs a mental health project which supports the Tuesday evening closed access sessions there have been 14 in total since December 2018. As part of Livewire's mental health project there is also now an afterschool group for primary school age children accompanied by a parent/carer, which runs each half term with a new cohort from Saltash primary schools. These after school sessions run for six weeks and we have a play therapist working alongside youth work staff and counsellors during these sessions. There is also a counsellor at our open access sessions on Monday and Thursday evenings as well as daytimes Monday to Friday 9.30 to 2.30. This work has not been without it's challenges mainly in keeping up with the demand as it is such a vital service for young people. Whilst the mental health project does not form part of the reporting criteria for STC funding it has become an integral part of the service to young people at Livewire therefore should not be emitted from this report. The mental health project also forms part of the match funding as there is an element of youth work time covered within the budget. We have between December 2018 and March 2019 offered counselling to 65 individual young people.

### **Young people's development group.**

Livewire's development group of young people has representatives of various elements of the work at Livewire including; 2 members that are part of the venue team, 2 members that volunteer at Junior club, 1 member that represents the music production, 2 members representing general youth club activities including youth work, 1 member

representing wellbeing and 2 members representing peer education at Livewire. This ensures that the entire life of Livewire is represented within the development group so no one group of young people dominate the direction for the work but that all can have a say in the direction of the developments at Livewire. One representative of the development group attends management committee meetings on behalf of the young people at Livewire. They are currently concentrating on ideas to decorate the upstairs of the building as they felt it looked a little tired.

### **Single issue programmes**

During the open access sessions Livewire has run single issue programmes on Body image, healthy relationships and online safety in addition to this Livewire has an ongoing single issue programme on wellbeing. All of these have been identified by members of Livewire.

### **Daytime provision**

In addition to the once weekly job club during this period there were daytime sessions running every weekday for one to one and targeted sessions for young people referred to Livewire from various organisations, including: Cornwall children in need team and targeted youth support, Cornwall college, T-plus, CAPA (Caradon alternative provision academy) now WAVE academy, RIO (real ideas organisation) Yzup/addaction drug and alcohol support and Saltash community school. In addition 3 times a week there are youth workers from Livewire working in Saltash community school to support the school's triage for students struggling for whatever reason, helping them get classroom ready. We have also supported the school's Be well day and ran workshops on dealing with stress and anxiety. The sessions were well attended with between 18 and 26 students attending each of the 4 sessions.

Livewire's daytime sessions between December 2018 and March 2019 have benefitted 28 individual young people in addition to the aforementioned.

### **Match funding to date**

£2,850: in donations from Saltash Rotary club and Tamar Trotters

£2,115: fundraising gig held at Livewire on 16/03/2019

£10,238: grant from people's health trust. (wellbeing project)

£10,000: donation from a local supporter.