

Livewire Youth Project

Cllr Julia Peggs

2019/2020 Has been another wonderful and challenging year in the life of Livewire.

The partnership work with Saltash community school has continued and developed, they now support the school's triage sessions 3 times a week as well as working with individual students sent from the school. Over the last year there have been four students that have come to Livewire for support with their school work.

Livewire started a mental health project Heart "n" Soul funded by" Global's make some noise", they were successful in gaining two years funding. This work has become a fundamental part of what they do at Livewire and therefore it is important that they can continue to run the project beyond its two year funding. The importance of this project is evidenced by the fact that within the first three months they had met the targets set for the entire two year project.

A wellbeing project started, funded through the Health lottery which sees Livewire open on Tuesday evenings when they have a closed access sessions for young people unable to attend the open access sessions generally due to acute anxiety issues. This session is run by a qualified youth worker and supported by wellbeing volunteers, a councillor, 2 musicians and a therapy dog (with owner) These sessions have proved to be really successful the team work well together and the young people attending get so much out of the sessions.

Events during the year included:

Saltash Regatta

May Fair

Various bucket collections at the Pavilions

Port Eliot festival and Boardmasters festivals

Rocking by the River event in March 2019

All of the above have either raised money for Livewire, or have raised the profile of Livewire and presented young people with fantastic opportunities.

Two of the youth work team at Livewire studied for diplomas in CBT (cognitive behavioural therapy) to improve their skills, the Thrive practitioner underwent extra training to become a TIS (trauma informed schools) practitioner.

One to one youth work support – This is possibly the most crucial part of the work they do, and they are extremely glad to have the mental health project, which they can now use to refer some of the most in need young people for counselling.

However they continue to support many young people through one to one youth work support. Whatever the causes for the huge increase in vulnerable young people needing counselling and, or one to one youth work they are in a position to meet so many needs.

Funding from Saltash Town Council has helped to support targeted and vulnerable young people from the PL12 area. Various streams of funding from elsewhere has ensured that they have continued with all the work they have done, and are doing

We should thank Julie and Andy Rance, all of the team of volunteers, paid workers, management committee and trustees for their commitment and support .Lastly and most importantly to thank all of the young people who are part of the Livewire community, they give purpose and inspiration to continue with all that Livewire do.