

Saltash	
Food deliveries	Other Support
<p>AppleJack Barn (Fruit and veg - Home deliveries): 01752 844700 https://www.facebook.com/applejackbarn/</p> <p>Asian Bowls Restaurant Saltash https://www.facebook.com/superbowlssaltash/ 01752 845050</p> <p>Saltash Tandoori https://www.facebook.com/Saltash-Tandoori-Restaurant-158310417545919/ 01752 848194</p> <p>Paul Bray and Sons (Butcher delivery: St Germans, Landrake, Saltash, Callington, Liskeard, Looe, Downderry and Menheniot): 01752 851224 https://www.facebook.com/paulbraybutchers/</p> <p>Landrake Stores (Home deliveries): 01752 851259</p> <p>Cornish veg boxes: 01752 842251 https://www.facebook.com/CornishFarmProduce.co.uk/</p> <p>Tamarview Fruiterers: 01752 844700 https://www.facebook.com/Tamar-View-Fruiterers-176296399085282/</p> <p>Holmes Delivery: 07538432757 https://www.facebook.com/HolmesDelivery/</p> <p>Tamar View Nurseries: 01752 847 366 https://www.facebook.com/tamarviewnursery/</p> <p>Tamar Fresh: 01752 848738 https://www.facebook.com/TamarFresh/</p> <p>Caterfoods: www.caterfoods.co.uk or call 01803 664 422</p> <p>Essa Taxis: click and collect to Sainsbury's (£10), Asda (£10), Tesco's (£7), Morrisons (£7), and Waitrose (£5): 01752 905805 https://www.facebook.com/essataxis/</p> <p>https://www.facebook.com/call4fish/ https://www.call4fish.com/plymoutharea (no number)_</p>	<p>FACEBOOK: Landrake and St Erney Community info & covid 19 Support https://www.facebook.com/groups/1273931912773278/</p> <p>FACEBOOK: Saltash Community Help Page https://www.facebook.com/groups/506443003355319/</p> <p>Livewire – telephone support for young people: 07398091595</p> <p>Saltash Baptist Church (Call if needing support): 01752 849948</p> <p>Saltash Foodbank: 0800 328 2124</p> <p>Landrake Care (volunteers willing to help in Landrake): 07811373780</p> <p>PL12 Community Enterprises (Team of volunteers): 01752 848348</p> <p>Cecily Bakery: 07855628154</p> <p>Saltash Baptist Church 01752 849948 food parcels/foodbank vouchers and can deliver food.</p>

Mills Milk: 01752 844419 <https://www.facebook.com/pages/Mills-Milk/990617927699315>

Holmes Deliveries (fresh fruit and veg, milk and bread to Landulph, Cargreen, Botus Fleming, Hatt, St Mellion, Pillaton, St Dominick, Saltash and Blunts): 07538 432 757 or email ziggerson@outlook.com

Veg Box Fresh: 01752 845559 07720 826664 vegboxfresh.co.uk

Cornish Veg Boxes

<https://www.facebook.com/CornishFarmProduce.co.uk/> 01752 842251

The Market Place Fishmongers: 01752673200 <https://www.facebook.com/The-Market-Plaice-Fishmongers-308363289178752/>

Farm Pizza: 01752 847000 <https://www.facebook.com/afarmpizza/>

Tartendown Nursery (Landrake) is delivering plants, compost and manure for growing vegetables.
Call Dawn 01752851431 or 07790864799 <https://www.facebook.com/Tartendown/>

The Railway Hotel 01752 843691

https://www.facebook.com/RailwaySaltash/?_tn_=%2CdkCH-R-R&eid=ARBVRDGM8E65no6gidyObcumSPbPvQni8d6R9Y8yZBjmaNW6aPYqenfn2ERUjOGpGGzT2_4qra6ZH1JK&hc_ref=ARQZevVWZdhNE8-FOR7-e609-7vTRHo8WCVfQ2Lqn80LS5FF4kcj0HNX0zgMTPe_MU0&fref=nf&hc_location=group

Blue Moon - Indian Restaurant & Takeaway 01752 840404

<https://www.facebook.com/bluemoonsaltash/>

Bullers Arms Landrake <https://www.facebook.com/BullersArmsSaltashTheSquare/> 01752 851283

Foreign Muck <https://www.facebook.com/Foreign-Muck-599963303849749/> 01752 841133

In Saltash Community Group

<https://www.facebook.com/groups/341610343062615/>

St John COVID-19 Support Network

A network is being created to support the community during the on-going COVID-19 outbreak. The goal is to create a list of people willing to assist others who might be isolating or social distancing during the coming weeks.

www.stjohnincornwall.org.uk

- Email: caitlinelizabeth1994@yahoo.co.uk or bettaylor65@yahoo.co.uk or carswell212@aol.com or ionaskyeferguson@hotmail.com
- Phone: 07944605276 (Caitlin Taylor) or 07923631317 (Bet Taylor) or 01752823119 (Megan Keys) or 07534321829 (Iona Ferguson)
- Facebook: Search 'St John COVID-19 Support Network' or type in '<https://www.facebook.com/groups/209606030113986/>'