

Make a big date to celebrate and give thanks to our neighbours and communities

The Big Lunch is the UK's annual celebration to give thanks and get to know our neighbours and communities. This year, there are more reasons than ever to get together as The Big Lunch kicks off a summer of community, friendship and fun.

The Big Lunch has teamed up with good causes across the UK to celebrate summer 2021 with a whole Month of Community, including Thank You Day on 4 July. You can join in and hold a Big Lunch safely when it works for you and your community, whether that's to say cheers to volunteers, connect with your neighbours or simply to say thank you.

Reconnecting with people in our communities will be great, however a survey conducted for The Big Lunch by OnePoll has revealed that over 20 million people in the UK are suffering with re-entry anxiety.

Around 55% of the UK's population are still wary about socialising without restrictions, while around 10 million people have said that they have forgotten how to have a proper conversation. Despite the apprehension, there are over 25 million people who ARE relieved about the prospect of socialising without restrictions, so The Big Lunch aims to help those who aren't build up their social fitness and feel confident about getting back out into their communities.

Join in and set your own big date to celebrate the #MonthOfCommunity with The Big Lunch from 5 June. Online, on your doorstep or over the fence. It's on.