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The 5.25km (3.3 mile) walk starts at the Public Bridleway (a green lane) at the front of Latchbrook Cottages between the cottages and the stream. (Parking space is limited)

Go along the lane, cross the Latchbrook stream, via somewhat rickety stepping stones. Go through a Field gate: then initially keeping to the left edge of the field, *here the way can be extremely muddy*; continue to an uphill track through the trees. Look out for blue waymark arrows showing this is a Public Bridleway. Follow the track to another field gate. Then, keeping to the right edge of that field, following blue waymark arrows, go around the field to the farmhouse access lane in front of Wadgeworthy Farmhouse.

Continue along the Wadgeworthy Farm access lane, (crossing a Public Footpath), to Longlands Lane. Turn right, go uphill along that tarmac road, to

the first lane on the left, a Public Bridleway. (*The Public Bridleway Signpost is hidden in the hedge.*)

Initially the Public Bridleway goes along Tor House Farm access lane. After 50 metres the way leaves the lane and goes to the left along a well-defined and blue arrow waymarked grass path. *Take care as you pass the deep drop down into Meadowsweet Quarry on your left.* The blue arrow waymarked Public Bridleway then goes steeply downhill past Tor House Farm buildings, then alongside an old wall on your right which has crumbled in places to give glimpses of an old orchard. Just before you reach Forder look for the 'Footpath' finger-post on the left (it is a 'Bridleway').

At Forder turn right and go along the road, then at the road junction at the Old Mill take the Public Footpath (yellow waymark arrows) to the right. *Pass property known as 'Trematon Boat House' to your left and look for the old millstone to the right.* Go along a well-defined route that goes uphill through woods behind Trematon Castle. Then go over a stile, where the defined path finishes, into a field with a partially overgrown Millpond. Bear left and go across the field, to the left of the Millpond, making your way over the brow of the hill, then straight to on exit the field through a gate in the far corner and go out onto the road at Higher Castle Farm. *Looking back there are fine views of Trematon Castle, St. Stephens by Saltash Church, Saltash and in the very far distance Dartmoor.*

Turn right and go along the road through Trehan *noting on the left a small semi-gothic wayside cross which was probably a waymarker from outlying manors to the parish church of St. Stephens by Saltash.*

At Little Trehan Farm:

EITHER go straight on passing a signposted Public Footpath to the left. *Beyond Trehan, to the right, is the old Longlands village school, now a private residence.*

OR, to see more fine views, go along the yellow arrow waymarked Public Footpath across fields and over stiles to the Longlands to Broadmoor road. At the road turn right to regain the Walk Five route at Longlands crossroads.

At the Longlands crossroads *note the old Blacksmith's Forge with a red Royal Mail 'Victorian' post-box in the wall.*

Go towards Trematon, passing another Public Footpath to the right. Continue on to another Public Footpath to the right. *To your left are covered reservoirs built in 1955 at Winstone Beacon, which at 352 feet above sea level is the highest point in Saltash parish. There are fine views across to Dartmoor to the east and Kitt Hill to the north. In the 1960's this area was targeted for a new Plymouth Airport, fortunately for walkers, this was not to be.*

Go over the stile into a field. Then, keeping to the right of the field, continue through a gateway into another field. Continue along the right-hand edge of that field to a small rectangular area with four gates. Go through the first gate and then through the gate on that first gate's immediate left. (Please don't try undoing the wire holding the gate fastening bolt to the gate – just lift the gate fastening latch lever on the gatepost and the gate will open easily.) Then: **after carefully using the insulated handle of the electrified fence;** continue straight on keeping to the right hand edge of fields and over stiles to a gate in the corner of a field leading into a green lane. Turn right and go over a footbridge, then left and follow a sunken lane to another stile into a field and then over yet another stile. Immediately after that stile turn right into another ancient sunken green lane going uphill to a gate into a field. **The way here can be extremely muddy.** Keeping to the left edge of that field go over a stile into another field. Then go diagonally across that next field to a stile in the far corner. And along the left-hand edge of the next field to another stile. Initially keep to the left of the next field and then go across the field, going increasingly downhill, to a stile leading to steep steps, *down to what was once the main Liskeard Road, at the rear of Latchbrook Cottages.*

Explorer 108: Lower Tamar Valley & Plymouth, Tavistock & Callington map shows Saltash at a scale of 1:25000 (4 cm to 1 km – 2½ inches to 1 mile).

This leaflet was correct in February 2011. Any constructive criticism and corrections should be emailed to admin@saltash.gov.uk or passed into reception at Saltash Guildhall.



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Saltash Walk Five 'Fields, Farms and Forder'

Length of route: 5.25km (3.3 miles) **of very muddy going in places**

Details: Latchbrook Cottages via Wadgeworthy, Meadowsweet Quarry, Tor House, Forder, Rear of Trematon Castle, Castle Farm, Trehan, Longlands, Trematon and return to Latchbrook Cottages.

Please follow the Countryside Code

- Be safe, plan ahead and follow any signs
- Leave gates and property as you find them
- Protect plants and animals and take your litter home
- Keep dogs under close control
- Consider other people

Walkers should take due care when following this walk and do so at their own risk. No liability is accepted by Saltash Town Council.

