

Saltash Library Hub NEWSLETTER

Summer Reading Challenge 2022

GADGETEERS

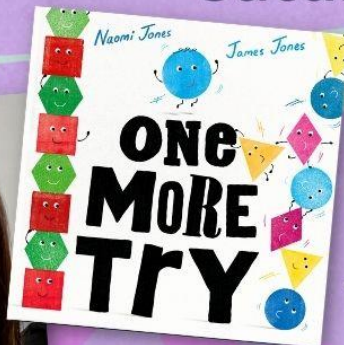


Presented by The Reading Agency.
Delivered in partnership with libraries.



Launch Party

Saturday July 9th



11am. Naomi Jones
reads from her
Gadeteers book,
'One More Try'
followed by workshops.



Have a go at our
virtual reality
world of games.

Build a Lego gadget
during The Summer
Reading Challenge
to win a prize.



JULY 2022



'DEBBIE' is here!

A new virtual one stop shop of information is here at Saltash Library Hub for you to explore.

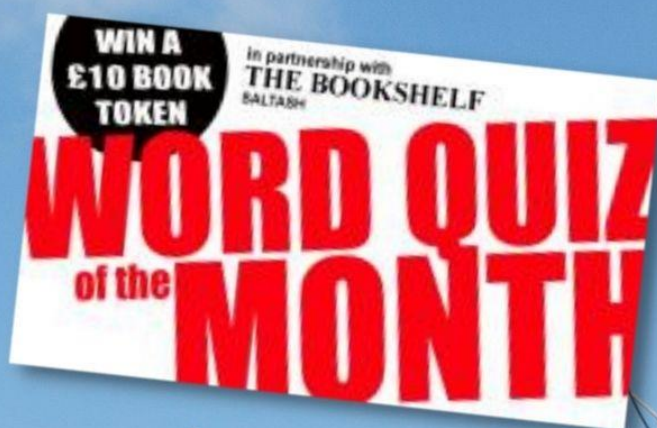
August is NATIONAL WELLNESS MONTH.

Thursday 4th
MINDFULNESS SESSIONS

Friday 19th
INTRODUCTION TO
PHYSICAL THERAPY

Tuesday 23rd
INTRODUCTION TO
ALEXANDER TECHNIQUE

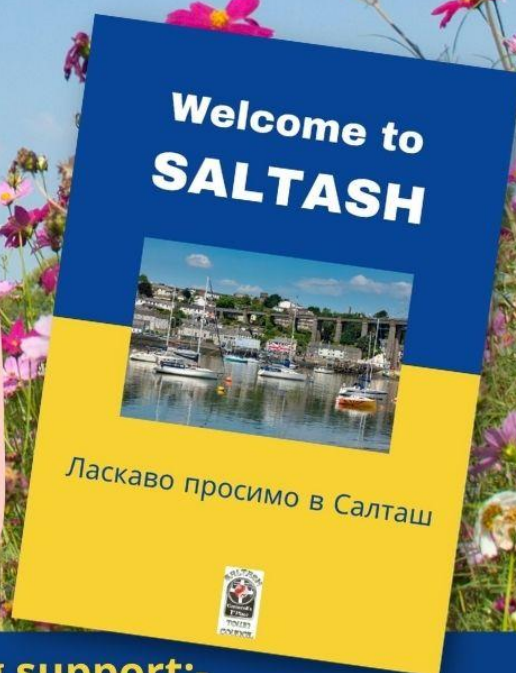
Thursday 25th
FOOD & NUTRITION
with Waitrose



Don't forget to try our monthly Word Quiz for a chance to win a £10 book token.



The GIANTS are coming to the Library Hub!



For Ukrainian nationals needing support:-
email - homesforukraine@cornwall.gov.uk

For more daily Library information & updates,
check our Facebook page - www.facebook.com/saltashlibraryhub