



SALTASH TOWN COUNCIL

Announcement

Saltash Town Council continues support for Saltash Leisure Centre

Saltash Town Council is continuing its support of Saltash Leisure Centre since it was saved from closure in 2021.

2022 has seen the leisure centre continue to be a vital community asset for the town. The centre has offered discounted and free swims to families over the summer and has seen membership numbers continue to steadily rise.

The facility has made improvements to its service including a refurbishment of the showers in the changing room and cleaning of the building exterior.

New classes also now on offer

- 60+ Swim - Monday & Wednesday, 10 - 11am
- Inclusive Swim - Thursday, 10.30 - 11.30. (A session to allow disabled customers to move freely and enjoy the water).
- Evening Aquafit with Suzy - Thursdays at 6.30pm.
- Aqua Play - Friday, 4-5.30 (Enjoy fun float sessions with the family!)

If you're looking to get active and meet new people take a look at how Saltash Leisure Centre can help you meet your personal fitness goals <https://bookings.better.org.uk/>

END

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<https://www.saltash.gov.uk/newsandevents.php>