

We know that the rising cost of living is a real worry for households in Saltash and across the country as a whole.

That's why we have compiled some useful information in one place. Below you will find signposts to help that is on offer should you require additional support during these financially difficult times.

[Help for Households](#)

Support and advice available from the Government.

[Cornwall Council](#)

Support and advice from Cornwall Council.

[Citizens Advice Cornwall](#)

Support and advice from Citizens Advice Cornwall